

Strip the Willow (Scotland)

Also known as "Drops of Brandy"

These notes ©2014, Andrew Carnie

Music: http://youtu.be/_LAp5iRZnSI [http://youtu.be/_LAp5iRZnSI]

Meter: Jig 4x40 or 8 x 40

Ceilidh dance version

Formation: Longwise set for as many that will.

Footwork: use a running step throughout.

In the Ceilidh dance tradition this dance doesn't have a fixed set of bars for each figure, the figure is done until it's completed.

Figure 1: 1st couple swing each other around, using two hands crossed (R in R, L in L)

Figure 2: First lady turn next man down using L hand or L arm hold, then turn first man, by the R arm to the next man down, who she turns by the L, then partner etc. all the way down to the bottom of the set.

Figure 4: Progressing up the set: First M turn next woman up using L hand or L arm hold, then turn first woman by the R arm to the next woman up, who he turns by the L, then partner etc. all the way up to the top of the set.

Figure 5: The first couple works their way back down the set, man turning each woman by the L at the same time as the lady turns each man by the L. 1st couple turns each other by the R between each R hand turn.

Figure 6: 1st couple swing each other around, using two hands crossed (R in R, L in L)

The new top couple can start the dance once the old 1st couple has moved down a few couples in figure 5. There's no need to wait until the other couple has reached the bottom.

Scottish Country Dance version

Formation: 4 couple set

Footwork: use a running step throughout.

Bars 1-4: 1st couple turn 2 1/2 times by the right

Bars 5-6: 1st lady turn 2nd man by the left

Bars 7-8: 1st couple turn by the right, moving slightly down

Bars 9-16: Repeat bars 5-8 with 3rd man and then with the 4th man.

Bars 17-18 1st man turn 4th lady by the left

Bars 19-20 1st couple turn by the right, moving up slightly.

Bars 21-28 repeat bars 17-20 with 3rd lady then 2nd lady.

Bars 29-30 1 lady turn 2nd man by the left while 1st man turn 2 lady by the left,

Bars 31-32 1st couple turn by the right

Bars 33-38 repeat bars 29-32 with 3rd couple, and then with the 4th couple

Bars 39-40 1st couple turn by the right, finishing in 4th place. (every moves up slightly after being turned by the number 1s.

